

WEEK 1

3/9,24/9,22/10,12/11,3/12,7/1,28/1,25/1

MONDAY

HAWAIIAN PIZZA

Homemade ham & pineapple
Pizza served with couscous salad

On the side:

Garden Peas
Spaghetti hoops

Cheese & tomato Pizza (v)

For Dessert:

Shortbread & melon

TUESDAY

CHICKEN BURGER IN A ROLL

Chicken burger in a bread roll
Served with seasoned jacket wedges

On the side:

Sweetcorn
House coleslaw

vegetable burger in a roll (v)

For Dessert:

Chocolate &
mandarin sponge

WEDNESDAY

ROAST BEEF

Roast slices of Beef served
With crispy potatoes,
Yorkshire pudding & gravy

On the side:

Carrots
Green Beans

Cauliflower Cheese Bake (v)

For Dessert:

Frozen Blueberry
Yogurt

THURSDAY

CREAMY CHICKEN & COCONUT CURRY

Light spiced creamy chicken curry
Served with sunshine rice

On the side:

Broccoli
Onion rings

Macaroni Cheese (v)

For Dessert:

Cheese & crackers
With fruit slices

FRIDAY

JUMBO FISH FINGERS

Jumbo fish fingers coated in
Breadcrumbs served with chips

On the Side:

Baked Beans
Garden Peas

vegetable fingers (v)

Combination of potatoes, sweetcorn,
Carrots and peas in breadcrumbs

For Dessert:

strawberry ice-cream
sponge roll



Fruit & yogurts available daily

WEEK 2

10/9,1/10,29/10,19/11,10/12,14/1,4/2

CHICKEN WRAP

Roll your own chicken wraps &
finish it off with a selection of assorted fillings

On the side:

Salad Bar

Quorn Vegetarian Wrap (v)

For Dessert:

Frozen Mango
Yogurt

BUTTERFLY PASTA & MEATBALLS

Pasta bows & meatballs served in a tasty
Tomato sauce

On the side:

Peas & sweetcorn
Garlic Bread

Vegetarian meatballs (v)

For Dessert:

Apple Flapjack
Fruit Slices

ROAST CHICKEN

Roasted Breast of chicken served
With crispy potatoes, stuffing,
Yorkshire pudding & gravy

On the side:

Roast Parsnips
Carrots

Quorn Sausages (v)

For Dessert:

Syrup sponge &
Cream

MEXICAN BEEF TACO BOATS

Mexican Minced beef
Served in crispy taco shells

On the side:

Cucumber
Sweetcorn

Cheese, tomato & chickpea wrap (v)

For Dessert:

Apple Crumble
Custard

MAK 'N' CHEESE MINI FISHCAKES

Your healthy portion of fish with cheese in
A mini fishcake served with chips

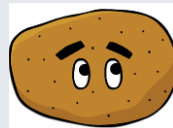
On the Side:

Baked Beans
Garden Peas

Mozzarella & tomato pizza (v)

For Dessert:

Strawberry Jelly &
Icecream



Jacket Potatoes with various fillings

Available daily

WEEK 3

17/9,8/10,5/11,26/11,17/12,21/1,11/2

PASTA BOLOGNESE

Minced Beef Bolognese with pasta
Served with garlic bread

On the side:

Garden Peas
Sweetcorn

Vegetarian Mince Bolognese (v)

For Dessert:

Raspberry Ice-cream
Sponge roll

BANGERS MASH MOUNTAIN

Butchers pork Sausages with creamy
Mashed potato & gravy

On the side:

Carrots
Broccoli

Veggie balls in gravy (v)

For Dessert:

Chocolate & orange
cake

ROAST TURKEY

Roast turkey served
With crispy potatoes, stuffing
Yorkshire pudding & gravy

On the side:

Cauliflower Cheese
Green Beans

Golden Quorn fillet (v)

For Dessert:

Iced orange & lemon
sponge

SWEET & SOUR CHICKEN

100% chicken chunks in batter served
with a sweet & sour sauce & rice

On the side:

Stir Fried vegetables

Cheese & Tomato Deep pan pizza (v)

For Dessert:

Cheese & crackers
Fruit slices

BREADED FISH FILLET & CHIPS

Alaskan Pollock fish coated in
breadcrumbs

On the Side:

Baked Beans
Garden Peas

Quorn Hot dog (v)

For Dessert:

Cooks cake of the day



Wholemeal Bread available daily

Fresh salads prepared daily